



Get Active Sports

Sports, Games, Activities & much more



We are here

Get Active Sports Clubs: April-July 2018
16 places available per club!

Dear Parent/Guardian

Get Active Sports will be working at Parlaunt Park Academy School and we cannot wait to show you what we have planned in order to keep your children entertained, healthy and active. Open to boys & girls.



Starts w/c 23rd April 2018



Ends w/c 2nd July 2018



10 sessions



3.30pm-4.30pm



£55 per club



Boys & Girls welcome

Football: Monday: Yrs 1-3: Come along to our club that will help develop your child with the skills needed for becoming a competitive footballer. In these sessions your child will progress throughout the duration of the course from passing with all parts of your feet, dribbling, shooting, 1v1, 2v2, 3v3 matches suitable for all ages. You can also track your child's progress through our grading system. (**£49.50 - Please Note: No session on Monday 7th May 2018. This club will run for 9 sessions in total!**)

Athletics: Tuesday: Yrs 4-6: Athletics is a collection of sporting events that involves running, jumping, throwing, and walking. During this exciting club, children will be able to learn and participate in many track and field events as seen in Olympic events. These events include: Sprinting, long jump, triple jump, hurdles, relay, javelin and shot put, plus many more!

Summer Multi Sports: Wednesday Yrs 3-5: Your child will get the opportunity to learn and play the following sports suitable for the summer months: Kwik Cricket, Tennis, Rounders, Athletics and Football.

Gymnastics: Thursday: Yrs 1-4: Our Gymnastics Clubs begins with the fundamentals of movement and progresses to a high level of gymnastics balance and floor exercises. Gymnastics incorporates strength, flexibility, balance, coordination, power, and discipline. You can also track your child's progress through our grading system. (**£49.50 - Please Note: No session on Thursday 3rd May 2018. This club will run for 9 sessions in total!**)

Book online at: www.getactivesports.com

Click: Book Now

Choose: School & Extra Curricular Clubs

Select your school - Click 'Book' and follow the instructions.

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What to bring



Suitable Footwear



P.E Kit



Jumper/Jacket



Water Bottle

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