

# Parlaunt Park Primary Academy Menu

Week 1



Menu	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meal Option one</b>	Beef cottage pie served with carrots & peas (7,13)	Macaroni cheese & garlic bread served with broccoli and sweetcorn (V) (2,7)	Roast Chicken thighs roast Potato Gravy, Stuffing with cabbage & peas (2,13)	Cheese & tomato pizza served with mixed vegetables (V) (2,7)	Breaded Fish & chips with baked beans & sweetcorn (2,5)
<b>Option two jacket potato</b>	Quorn sausage & baked beans Served with carrots & peas (2,4,7)	Tuna mayonnaise served with broccoli and sweetcorn (4,5)	Cheese served with cabbage & peas (7)	Tuna mayonnaise served with mixed vegetables (4,5)	Baked beans and cheese served with sweetcorn (7)
<b>Dessert</b>	Chocolate mousse (7)	Lemon drizzle cake (2,4,7)	Vegetarian fruit jelly	Flapjack (2,7)	Ice cream (7)
<b>Packed lunch option one*</b>	Salmon & cucumber wrap (2,4,5,7)	Ham & cheese baguette (2,7)	Tuna mayonnaise baguette (2,4,5,7)	Chicken Mayonnaise wrap (2,4,7)	Bacon lettuce, tomato & mayonnaise baguette (2,4,7)
<b>Packed lunch option two*</b>	Cheese sandwich (2,7)	Egg mayonnaise wrap (2,4,7)	Cheese & cucumber baguette (2,7)	Egg mayonnaise & cress sandwich (2,4,7)	Cheese & onion baguette (2,7)

\*packed lunches are served with a choice of drink, fruit and biscuit (2,7)

Water, Salad bar, fresh breads, yoghurts and fresh fruits are available every day! For more info visit: [www.accentcatering.co.uk/food](http://www.accentcatering.co.uk/food)

Week 1 Menu commencing; 5<sup>th</sup> June, 26<sup>th</sup> June, 17<sup>th</sup> June