

Parlaunt Park Primary Academy Menu

Week 2



Menu	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal Option one	Homemade Chicken burger & bun served with peas (2,4,7)	Cheese & tomato flan served with potatoes & cauliflower (2,4,7)	Roast pork, roast potatoes stuffing, cabbage & peas (2,13)	Quorn sausage & mash, gravy baked beans & carrots (2,4,7,13)	Fish fingers & chips served with peas & sweetcorn (2,5)
Jacket Potatoes Option two	Cheese Served peas (7)	Baked beans served with cauliflower	Tuna mayonnaise (4,5)	Cheese served with carrots (7)	Quorn chilli con carne (4)
Dessert	Jam sponge (2,4,7)	Fruit cheesecake (2,7)	Cheese and biscuits (2,7)	Pineapple upside down cake (2,4,7)	Ice cream (7)
Packed lunch option one *	Salmon & cucumber wrap (2,5,7)	Tuna pasta (2,4,5)	Ham sandwich (2,7)	Roast pork with apple sauce baguette (2,7)	turkey & tomato baguette (2,7)
Packed lunch option two *	Cheese and onion baguette (2,7)	Cheese and cucumber wrap (2,7)	Egg mayonnaise sandwich (2,4,7)	Tomato & basil pasta (2)	Cheese & tomato baguette (2,7)

Water, salad bar, fresh breads, yoghurts and fresh fruits are available every day! For more info visit: www.accentcatering.co.uk/food *packed lunches are served with a choice of drink, fruit and a biscuit (2,7)

Week 2 Menu commencing: 12th June, 3rd July